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| **NAME OF BSC, WITH CREDENTIALS****NAME OF BSC AGENCY****CITY, NEW MEXICO****PHONE CONTACT; FAX CONTACT****EMAIL ADDRESS** |
| **BEHAVIORAL CRISIS INTERVENTION PLAN****TIME PERIOD** |
| **INDIVIDUAL’S NAME:** |  | **JACKSON CLASS MEMBER:** |  |
| **DOB:** |  | **LAST 4 OF SSN:** |  |
| **INDIVIDUAL’S ADDRESS:** |  | **INDIVIDUAL’S PHONE CONTACT:** |  |
| **GUARDIAN:** |  | **GUARDIAN CONTACT:** |  |
| **RESIDENTIAL AGENCY:** |  | **CCS AGENCY:** |  |
| **CASE MANAGER:** |  | **CASE MANAGER AGENCY:** |  |
| **OTHER PROVIDERS:** |  | **REGION OF RESIDENCE:** |  |
| **ANNUAL ISP DATE:** |  | **DATE OF REPORT:** |  |
| 1. **TARGET BEHAVIORS**
	1. List the main ways that crisis presents itself for the individual
2. **PREVENTION STRATEGIES**
	1. List the best ways to help the individual have a good day that reduces stress – this is often a brief rehash of elements of the PBSP:
		1. **GENERAL SUPPORT**
			1. List behavioral indicators that evidence that the individual is calm, cool, and at his/her best.
			2. List the ways in which the direct support staff or family should be supporting the individual when they are at this stage
		2. **AWARE**
			1. List clear, observable behavioral indicators associated with how one might tell that the individual is getting slightly upset, irritated, frustrated, or otherwise ‘off-center’.
			2. List the duties and manners that the DSP or family may help the individual calm down.
		3. **ALERT**
			1. List clear, observable, behavioral indicators associated with how one might tell that the individual is truly ‘building up’ to a more concerning level of difficult emotions etc.
			2. List the duties and manners that the DSP or family may help the individual calm down.
		4. **ACTION**
			1. List clear, observable, behavioral indicators associated with how one might tell that the individual is at the edge of what would be a serious crisis for his/her unique presentation.
			2. List the ways staff may behave, redirect, calm themselves in order to try and calm the person down.
			3. This level is where one might consider emergency physical restraint.
		5. **EXTERNAL SUPPORTS**
			1. List clear, observable indicators that the person has reached a serious, potentially harmful level of escalation.
			2. List the ways staff/family may utilize additional in-agency support OR external response (e.g. 911) and then communicate with the IDT.
3. **REMEMBER – THE MAIN GOAL IS TO GET BACK TO REGULAR SCHEDULE AND FUNCTIONING AS RAPIDLY AS POSSIBLE. ONCE CLIENT IS CALM – GO BACK TO THE NORMAL ROUTINE**
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| **BSC SIGNATURE***WITH TITLE AND CREDENTIALS* | **DATE** |